

# My Story – Preparing for Restoring the Foundations Ministry

## Description of Restoring the Foundations Ministry

Restoring the Foundations (RTF) ministry is for people needing short-term help, generally five to six ministry sessions. Ministry sessions are normally scheduled once a day, and are approximately three hours duration. The RTF ministry team may at times be assisted by an intercessory prayer team or by a supervisory team.

The RTF ministry teams are an extension of the pastoral ministry, and as such are submitted to the pastoral authority of the church. In order to better

serve you, it is possible that the ministry team may consult with the Church Pastor(s) and/or their designated representative(s), (i.e. the oversight minister and/or supervisory ministers) concerning their ministry to you.

Please read the following statements, and sign that you acknowledge and understand your commitment and your ministry team's commitment. Please complete these forms and return them to the Church office as soon as possible.

## Personal Information

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ Male \_\_\_\_ Female \_\_\_\_ Presently living with: Parents \_\_\_\_ Spouse \_\_\_\_ Alone \_\_\_\_ Other: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hours worked/week: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Employed by: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Your personal purpose in life: \_\_\_\_\_

## Purpose for Seeking RTF Ministry

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## Expectations of Your Commitment

Your RTF ministry team will be making a major commitment to you; first as they schedule their time to be available to you, and also as they pray, prepare, and then minister to you. Likewise it is expected that you will be committed to obtaining the maximum benefit possible from your ministry time. You can facilitate this by being on time to ministry sessions and by completing "homework" assignments given to you. Most of all, it is expected that you will have a sincere desire to overcome whatever problems are hindering you, and that you will cooperate fully with your RTF ministry team and with the Holy Spirit in order to maximize your receiving God's help.

We ask you, by your signature below, to commit to one month of serious prayer and Bible time following completion of your ministry. This would include one hour per day (at least five days per week) devoted to prayer and Bible reading. This hour should include at least fifteen minutes of prayer and meditation on your new Godly Beliefs (GBs).

We also ask you to call your ministry team two and four weeks after your ministry to report your progress, to be accountable as you meditate on your GBs, and to obtain any needed prayer support.

## Referral

Either before you come for ministry, or after the completion of your ministry, your RTF ministry team, in conjunction with the Pastor(s) and/or their designated representative(s), will assist you in planning for ongoing support and accountability in situations where it could be beneficial to you.

Also, if your RTF ministry team is not equipped or able to minister to your particular need, or if you need longer term ministry, they, in conjunction with the Pastor(s) and/or their designated representative(s), will help you find appropriate referral resources.

## Waiver of Liability

I understand that I will be seeing RTF ministers who will be able to listen, support, encourage, pray with, and minister to me to help me overcome my problem(s) and to grow in my Christian life. I accept that they are not licensed counselors, that they minister by the Christian Bible and that they may or may not be ordained and/or full-time ministers, pastors or counselors.

**I acknowledge that all ministry is under the direction and control of the Holy Spirit, and that no guarantees are made, nor can be made, by anyone or any organization that I will or will not receive any particular healing.** Thus, I waive all rights to claims of liability. I accept that they may recommend further ministry for me by a pastor, counselor, home ministry group, support group, and/or other agency in my community.

## Waiver of Confidentiality

I am aware that all statements that I shall make to my RTF ministers are of a confidential nature, including all written information, and that legally and ethically these may not be disclosed without my written consent.

## However, I waive my right to “complete” confidentiality in the following situations:

1. I accept that my ministry team may give a brief summary report of the results of the ministry to the Church Pastor(s), and/or the oversight team.
2. I accept that my ministry team may consult with the Church Pastor(s), oversight ministry team, and/or their designated representatives, concerning their ministry to me.
3. I accept that my home/cell ministry leaders may be informed of some aspects of the ministry to me, to better equip them to help me after the prayer ministry.
4. I accept that the Church Pastor(s), and/or their designated representative(s), will be informed of any ongoing, willful sin in which I am involved.
5. I accept and acknowledge that pastors, counselors, RTF ministers, or any other persons involved in working with adults and children in a helping setting, are either encouraged, or required by law to disclose to the appropriate person, agency, or civil authority, any harm or potential harm that a person may attempt or desire to do to himself or to others.
6. I accept and acknowledge that they are also required to report any reasonable suspicion of physical or sexual abuse that has been done, or that is being done to a minor child.
7. I accept that all pastors, counselors, and RTF ministers reserve the right to make such reports as mandated by law, whether or not they confer with me first.

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By my signature, I acknowledge that I have read and understand all of the above provisions, including the Waiver of Liability and Waiver of Confidentiality, and that I accept the stated conditions and limits of liability and confidentiality. Further, I agree to the “Expectations of Your Commitment,” including the post-ministry prayer, Bible reading, meditation for at least 30 days on my Godly Beliefs, and the two and four week progress reports.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

## Background Information

The following information, which will become a part of your confidential file, will help your RTF ministry team focus more clearly on the areas in which you need and/or desire ministry. Please fill these forms out as honestly and as completely as you can, and return them to either your RTF Ministers or the RTF Office.

### Family Background

Natural Parents: Married  Separated  Divorced

Rate your parent's marriage: Unhappy  Average  Happy  Very Happy

If separated or divorced, how old were you at the time of the divorce? \_\_\_\_\_

Father remarried when you were age \_\_\_\_\_. Mother remarried when you were age \_\_\_\_\_.

You lived with: Mother  Father  Foster  Other family member

Step-parents (if applicable): Married  Separated  Divorced

What kind of relationship did/do you have with your parents and/or step-parents? \_\_\_\_\_

Father deceased? Yes  No  How old were you at the time? \_\_\_\_\_

Mother deceased? Yes  No  How old were you at the time? \_\_\_\_\_

### Educational Background Circle last year of school completed

Grade School: 1 2 3 4 5 6 7 8      High School: 9 10 11 12      College: 1 2 3 4 5 6+

Degrees in: \_\_\_\_\_

### Marital Background

Name of spouse: \_\_\_\_\_ Occupation: \_\_\_\_\_

If your spouse willing to participate in ministry? Yes  No  Uncertain

Have you ever been separated? Yes  No  When? \_\_\_\_\_

### Marriage(s):

Date Married	Your Age	Their Age	Name of Spouse	Duration	Reason It Ended

### Children:

Name	Age	Sex	From which marriage?	Self-supporting?	Married?	Still Alive?	Age At and Cause of Death

Name: \_\_\_\_\_

### Medical/Ministry/Counseling Background

Describe any physical problems or handicaps that require medication or physical care:

Are you currently receiving medical treatment? Yes  No  For what purpose? \_\_\_\_\_

\_\_\_\_\_

Have you used drugs for other than medical purposes? Yes  No   
What drugs? \_\_\_\_\_ When? \_\_\_\_\_

Have you ever been in counseling/therapy/mental health care? Yes  No   
When? \_\_\_\_\_ with whom? \_\_\_\_\_

For what reason? \_\_\_\_\_

Have you ever taken medication prescribed for emotional reasons? Yes  No   
When? \_\_\_\_\_ For what reason(s)? \_\_\_\_\_

Are you currently taking medication prescribed for emotional reasons? Yes  No   
What medication? \_\_\_\_\_

If the ministry team feels it would be best for you to have a physical before ministry, would you be willing to do so?  
Yes  No

### Spiritual/Religious Background

Have you made a commitment to Jesus Christ as Lord and Savior? Yes  No  When? \_\_\_\_\_  
Please tell what happened: \_\_\_\_\_

\_\_\_\_\_

Have you received the Baptism of the Holy Spirit? Yes  No  When? \_\_\_\_\_

Has that experience been accompanied by the evidence of speaking in tongues? Yes  No   
Describe your present relationship with the Lord: \_\_\_\_\_

\_\_\_\_\_

Please list all church affiliations: \_\_\_\_\_

\_\_\_\_\_

### Reason Seeking RTF Ministry?

*What has prompted you to seek ministry at this time?*

	Started		Started		Started
Abuse		Fear/Phobia		Self-Esteem/Perfectionism	
Addition/Compulsion		Financial/Legal		Sexual issues/Incest	
Anger/Aggression		Grief/Loss		Spiritual concerns/Values	
Church Split		Parental/Family/Child		Stress/Anxiety	
Depression/Suicide		Premarital/Marital		Trauma	
Divorce/Separation		Relationship/Loneliness		Vocational/Educational	

Please comment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Generational Patterns Questionnaire

### Purpose

The purpose of this questionnaire is to help you and your RTF ministry team identify Sins of the Fathers and Resulting Curses and negative patterns that may be hindering you, as well as identify those areas in your heritage or in your life that lead to Ungodly Beliefs and/or Soul/Spirit Hurts, and/or that may be openings for Demonic Oppression. Please fill these forms out as honestly and as completely as you can, and return them to the Church office.

### General Questions

	Father	Mother
From what country or countries did you ancestors originally come?		
What are the prominent ethnic backgrounds of your ancestors?		
What are the church backgrounds of your ancestors?		
In what geographic areas within America have they primarily lived their lives?		
Is it possible they were connected with slavery, i.e. either owner, traders or slaves?		
Is it possible they were involved in unfair business practices?		
Is it possible they were involved in the occult?		
On a scale of 1 to 10, indicate how much each parent loved you.  Give examples of how they showed their love.	<i>Circle one:</i> 1 2 3 4 5 6 7 8 9 10	<i>Circle one:</i> 1 2 3 4 5 6 7 8 9 10

Who in your life has caused you the most pain or disappointment? Give an example of how it happened.

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List the main issues in your life that you and God are working on at this time.

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## Family Tree Facts

To help your Ministry Team understand your ancestors, please fill in the requested information for each of your two parents (F/M), your four grandparents (GF/GM), and your eight great grandparents (GGF/GGM) to the best of your knowledge.

<b>GGF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death
<b>GGM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>F</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GGF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death
<b>GGM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

**Name/Age of Your Siblings**


<b>GGF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death
<b>GGM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>M</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GGF</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death
<b>GGM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

<b>GM</b>	Name
	DOB                  DOD          Age
	# of children
	Occupation
	Cause of Death

## Open Doors (Gen 4:7)

Please put a check under the "A" (Ancestors) column if you know about or have observed any of these characteristics, events, or involvement in your immediate or extended family. If any of these is (or was) also true for you, put a "C" (for current) or a "P" (for past) in the "S" (self) column.

A S

### ABANDONMENT

- \_\_\_ Abdication
- \_\_\_ Alienation
- \_\_\_ Blocked intimacy
- \_\_\_ Desertion
- \_\_\_ Divorce
- \_\_\_ Estrangement
- \_\_\_ Fatherlessness
- \_\_\_ Isolation
- \_\_\_ Loneliness
- \_\_\_ Neglect
- \_\_\_ Rejection
- \_\_\_ Separation
- \_\_\_ Self-pity
- \_\_\_ Victimization

### ANTI-CHRIST

- \_\_\_ Anti-Semitism
- \_\_\_ Death and destruction
- \_\_\_ Ethnic Domination
- \_\_\_ Gender Bias (suppression of Women)
- \_\_\_ Racism

### ADDICTIONS/ COMPULSIONS/ DEPENDENCIES

- \_\_\_ Alcohol
- \_\_\_ Caffeine
- \_\_\_ Cocaine
- \_\_\_ Computers
- \_\_\_ Downers/Uppers
- \_\_\_ Food
- \_\_\_ Gambling
- \_\_\_ Internet
- \_\_\_ Marijuana
- \_\_\_ Non-Prescription Drugs
- \_\_\_ Overspending
- \_\_\_ Pornography
- \_\_\_ Prescription Drugs
- \_\_\_ Sex
- \_\_\_ Sports
- \_\_\_ Street Drugs
- \_\_\_ Television
- \_\_\_ Tranquilizers
- \_\_\_ Video Games

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### ANGER

- \_\_\_ Abandonment
- \_\_\_ Feuding
- \_\_\_ Frustration
- \_\_\_ Hatred
- \_\_\_ Hostility
- \_\_\_ Murder
- \_\_\_ Punishment
- \_\_\_ Rage
- \_\_\_ Resentment
- \_\_\_ Retaliation
- \_\_\_ Revenge
- \_\_\_ Spoiled Little Boy/Girl
- \_\_\_ Temper Tantrums
- \_\_\_ Violence

### ANXIETY

- \_\_\_ Burden
- \_\_\_ False Responsibility
- \_\_\_ Fatigue
- \_\_\_ Heaviness
- \_\_\_ Impatience
- \_\_\_ Nervousness
- \_\_\_ Panic Attacks
- \_\_\_ Restlessness
- \_\_\_ Weariness
- \_\_\_ Worry

### BITTERNESS

- \_\_\_ Accusation
- \_\_\_ Blaming
- \_\_\_ Complaining
- \_\_\_ Condemnation
- \_\_\_ Criticalness
- \_\_\_ Fault finding
- \_\_\_ Gossip
- \_\_\_ Judging
- \_\_\_ Murmuring
- \_\_\_ Ridicule
- \_\_\_ Slander
- \_\_\_ Unforgiveness

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### CONTROL

- \_\_\_ Appeasement
- \_\_\_ Denial
- \_\_\_ Domineering
- \_\_\_ Double Binding
- \_\_\_ Enabling
- \_\_\_ False Responsibility
- \_\_\_ Female Control

- \_\_\_ Jealousy
- \_\_\_ Manipulation
- \_\_\_ Male Control
- \_\_\_ Occult Control/Jezebel
- \_\_\_ Passive Aggression
- \_\_\_ Passivity/Ahab
- \_\_\_ Possessiveness
- \_\_\_ Pride (I know best)
- \_\_\_ Selfishness
- \_\_\_ Self-centeredness
- \_\_\_ Witchcraft (mind control)
- \_\_\_ Through fear and intimidation
- \_\_\_ Through anger/threats
- \_\_\_ Withdrawal/silent treatment

### DECEPTION

- \_\_\_ Blindness, Spiritual
- \_\_\_ Cheating/Stealing
- \_\_\_ Confusion
- \_\_\_ Delusion
- \_\_\_ Denial
- \_\_\_ Doubt
- \_\_\_ Fraudulence
- \_\_\_ Infidelity
- \_\_\_ Justifying
- \_\_\_ Lying
- \_\_\_ Minimizing
- \_\_\_ Secretiveness
- \_\_\_ Self-deception
- \_\_\_ Treachery
- \_\_\_ Treason
- \_\_\_ Trickery
- \_\_\_ Unbelief
- \_\_\_ Untrustworthiness

### DEATH

- \_\_\_ Abandon (Rev 9:11)
- \_\_\_ Abortion
- \_\_\_ Accidents
- \_\_\_ Death Wish
- \_\_\_ Destroyer
- \_\_\_ Murder
- \_\_\_ Premature Death
- \_\_\_ Python
- \_\_\_ Suicide

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**DEPRESSION**

- \_\_\_ Dejection
- \_\_\_ Discouragement
- \_\_\_ Despair
- \_\_\_ Despondency
- \_\_\_ Gloominess
- \_\_\_ Hopelessness
- \_\_\_ Insomnia
- \_\_\_ Joy Robber
- \_\_\_ Misery
- \_\_\_ Oppression
- \_\_\_ Oversleeping
- \_\_\_ Sadness
- \_\_\_ Self-Pity
- \_\_\_ Suicide Attempt
- \_\_\_ Suicide Fantasies
- \_\_\_ Withdrawals

**ESCAPE**

- \_\_\_ Apathy
- \_\_\_ Avoidance
- \_\_\_ Complacency
- \_\_\_ Daydreaming
- \_\_\_ Fantasy
- \_\_\_ Forgetfulness
- \_\_\_ Hiding
- \_\_\_ Hopelessness
- \_\_\_ Indecisiveness
- \_\_\_ Indifference
- \_\_\_ Isolation
- \_\_\_ Laziness
- \_\_\_ Numbness
- \_\_\_ Passivity
- \_\_\_ Procrastination
- \_\_\_ Sleep/Slumber/Oversleeping
- \_\_\_ Slothfulness
- \_\_\_ Trance
- \_\_\_ Withdrawal

**FAILURE**

- \_\_\_ Boom/Bust Cycle
- \_\_\_ Defeat
- \_\_\_ Deportation
- \_\_\_ Destruction
- \_\_\_ Desolation
- \_\_\_ Devastation
- \_\_\_ Drought
- \_\_\_ Loss
- \_\_\_ Performance
- \_\_\_ Pressure to Succeed
- \_\_\_ Striving

**IDENTITY CONFUSION**

- \_\_\_ Deception
- \_\_\_ Gender Confusion
- \_\_\_ Homosexuality/Lesbianism
- \_\_\_ Pornography
- \_\_\_ Self-Hatred
- \_\_\_ Trauma
- \_\_\_ Unmanly
- \_\_\_ Unprotected

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**FEARS**

- \_\_\_ Anxiety
- \_\_\_ Bewilderment
- \_\_\_ Burden
- \_\_\_ Dread
- \_\_\_ Harassment
- \_\_\_ Heaviness
- \_\_\_ Horror Movies
- \_\_\_ Intimidation
- \_\_\_ Mental Torment
- \_\_\_ Over-sensitivity
- \_\_\_ Paranoia
- \_\_\_ Phobia
- \_\_\_ Superstition
- \_\_\_ Worry
- \_\_\_ Fear of Authorities
- \_\_\_ Fear of being Abused
- \_\_\_ Fear of being Attacked
- \_\_\_ Fear of being Wrong
- \_\_\_ Fear of being a Victim
- \_\_\_ Fear of Cancer
- \_\_\_ Fear of Conflict
- \_\_\_ Fear of Death
- \_\_\_ Fear of Diabetes
- \_\_\_ Fear of Demons
- \_\_\_ Fear of Exposure
- \_\_\_ Fear of Failure
- \_\_\_ Fear of the Future
- \_\_\_ Fear of Heart Attack
- \_\_\_ Fear of Inadequacy
- \_\_\_ Fear of Infirmities
- \_\_\_ Fear of Looking Stupid
- \_\_\_ Fear of Losing Control
- \_\_\_ Fear of Loss
- \_\_\_ Fear of Man
- \_\_\_ Fear of Performing
- \_\_\_ Fear of Poverty
- \_\_\_ Fear of Public Singing
- \_\_\_ Fear of Punishment
- \_\_\_ Fear of Rejection
- \_\_\_ Fear of Sexual Inadequacy
- \_\_\_ Fear of Sexual Perversion
- \_\_\_ Fear of Submission
- \_\_\_ Fear of Success
- \_\_\_ Fear of the Unknown
- \_\_\_ Fear of Violence

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**FINANCIAL BONDAGE**

- \_\_\_ Bankruptcy
- \_\_\_ Boom/Bust Cycle
- \_\_\_ Cheating
- \_\_\_ Covetousness
- \_\_\_ Debt
- \_\_\_ Deception
- \_\_\_ Delinquency
- \_\_\_ Dishonesty
- \_\_\_ Failure
- \_\_\_ False God of Commerce
- \_\_\_ Great Depression, effects from
- \_\_\_ Greed
- \_\_\_ Hoarding
- \_\_\_ Idolatry of Possessions
- \_\_\_ Illegitimate Gain (Prov. 13:11)
- \_\_\_ Irresponsible Spending
- \_\_\_ Job Failures
- \_\_\_ Job Losses

- \_\_\_ Love of Money (root of all evil)
- \_\_\_ Loss of Inheritance
- \_\_\_ Lack
- \_\_\_ Neglect
- \_\_\_ Poverty
- \_\_\_ Robbery
- \_\_\_ Robbing God (not tithing)
- \_\_\_ Selfish Ambition
- \_\_\_ Stealing
- \_\_\_ Stinginess
- \_\_\_ War, effects from

**GRIEF**

- \_\_\_ Agony
- \_\_\_ Anguish
- \_\_\_ Crying
- \_\_\_ Despair
- \_\_\_ Heartbreak
- \_\_\_ Hope Deferred
- \_\_\_ Loss
- \_\_\_ Pain
- \_\_\_ Sadness
- \_\_\_ Sorrow
- \_\_\_ Torment
- \_\_\_ Weeping

**IDOLATRY**

- \_\_\_ Appearance
- \_\_\_ Beauty
- \_\_\_ Children
- \_\_\_ Clothes
- \_\_\_ Food
- \_\_\_ Ministry
- \_\_\_ Occupation
- \_\_\_ Position
- \_\_\_ Possessions
- \_\_\_ Power
- \_\_\_ Social Status
- \_\_\_ Sports
- \_\_\_ Spouse
- \_\_\_ Wealth

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**INFIRMITIES/DISEASE**

- \_\_\_ Accidents (falls, cars, etc.)
- \_\_\_ Anorexia/Bulimia
- \_\_\_ Arthritis
- \_\_\_ Asthma
- \_\_\_ Barrenness/Miscarriage
- \_\_\_ Bone/Joint Problems
- \_\_\_ Cancer
- \_\_\_ Congestion in lungs
- \_\_\_ Diabetes
- \_\_\_ Fatigue
- \_\_\_ Female Problems
- \_\_\_ Heart/Circulatory Problems
- \_\_\_ Lung Problems
- \_\_\_ Mental Illness
- \_\_\_ Multiple Sclerosis
- \_\_\_ Migraines/Mind Binding
- \_\_\_ Physical Abnormalities
- \_\_\_ Premature Death

**LETHARGY**

- \_\_\_ Apathy
- \_\_\_ Being Stunned
- \_\_\_ Being Stupefied
- \_\_\_ Blurred Vision
- \_\_\_ Can't Read
- \_\_\_ Closed Understanding

- \_\_\_ Disoriented
- \_\_\_ Dizziness
- \_\_\_ Exhaustion
- \_\_\_ Extreme Withdrawal
- \_\_\_ Habitual Idleness
- \_\_\_ Laziness
- \_\_\_ Morbid Drowsiness
- \_\_\_ Poverty
- \_\_\_ Sluggishness

**MENTAL AILMENTS**

- \_\_\_ A.D.D.
- \_\_\_ Craziness
- \_\_\_ Compulsions
- \_\_\_ Confusion
- \_\_\_ Disoriented
- \_\_\_ Distraction
- \_\_\_ Forgetfulness
- \_\_\_ Hallucinations
- \_\_\_ Hysteria
- \_\_\_ Insanity
- \_\_\_ Lack of Focus
- \_\_\_ Mind Binding
- \_\_\_ Mind Blocking
- \_\_\_ Paranoia
- \_\_\_ Mind Racing
- \_\_\_ Schizophrenia
- \_\_\_ Senility

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**MIND CONTROL**

- \_\_\_ Amnesia
- \_\_\_ Choking
- \_\_\_ Deaf and Dumb
- \_\_\_ Forgetfulness
- \_\_\_ Memory Blocking
- \_\_\_ Mind Binding
- \_\_\_ Mind Blanking
- \_\_\_ Mind Blocking
- \_\_\_ Mind Dullness
- \_\_\_ Mind Racing
- \_\_\_ Muting
- \_\_\_ Numbness
- \_\_\_ Obsessing
- \_\_\_ Ruminating
- \_\_\_ Silencing
- \_\_\_ Strangling
- \_\_\_ Stuttering
- \_\_\_ Trance

**MOCKING**

- \_\_\_ Blaspheming
- \_\_\_ Cursing
- \_\_\_ Cynicism
- \_\_\_ Evil Speaking
- \_\_\_ Laughing
- \_\_\_ Profanity
- \_\_\_ Ridicule
- \_\_\_ Sarcasm
- \_\_\_ Scorn

**ORPHANED**

- \_\_\_ Homelessness
- \_\_\_ Fatherlessness

- \_\_\_ Loss of inheritance
- \_\_\_ Gypsy
- \_\_\_ Nomad
- \_\_\_ Wanderer
- \_\_\_ Discontent
- \_\_\_ Restlessness

**PERFORMANCE**

- \_\_\_ Competition
- \_\_\_ Comparison
- \_\_\_ Driving
- \_\_\_ Envy
- \_\_\_ Jealousy
- \_\_\_ People Pleasing
- \_\_\_ Perfectionism
- \_\_\_ Possessiveness
- \_\_\_ Rivalry
- \_\_\_ Striving
- \_\_\_ Workaholism

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**PRIDE**

- \_\_\_ Above Contradiction
- \_\_\_ Arrogance
- \_\_\_ Conceit
- \_\_\_ Controlling
- \_\_\_ Egotistical
- \_\_\_ Haughtiness
- \_\_\_ Leviathan
- \_\_\_ Prejudice
- \_\_\_ Prejudice, suppression of women
- \_\_\_ Prejudice, women devalued  
and/or unrecognized
- \_\_\_ Self-Centeredness
- \_\_\_ Self-Importance
- \_\_\_ Self-Righteousness
- \_\_\_ Slavery, false submission
- \_\_\_ Subservient
- \_\_\_ Superiority
- \_\_\_ Vanity

**REBELLION**

- \_\_\_ Contempt
- \_\_\_ Deception
- \_\_\_ Defiance
- \_\_\_ Disobedience
- \_\_\_ Independence
- \_\_\_ Insubordination
- \_\_\_ Resistance
- \_\_\_ Self-sufficiency
- \_\_\_ Self-will
- \_\_\_ Stubbornness
- \_\_\_ Undermining

**REJECTION**

- \_\_\_ Expected Rejection
- \_\_\_ Perceived Rejection
- \_\_\_ Self-Rejection

**UNBELIEF**

- \_\_\_ Apprehension
- \_\_\_ Double-Mindedness

- \_\_\_ Doubt
- \_\_\_ Fear of being Wrong
- \_\_\_ Mind Blocking
- \_\_\_ Mistrust
- \_\_\_ Rationalism
- \_\_\_ Skepticism
- \_\_\_ Suspicion
- \_\_\_ Uncertainty

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**RELIGIOUS BONDAGE**

- \_\_\_ Antichrist
- \_\_\_ Betrayal
- \_\_\_ Denominationalism
- \_\_\_ Division
- \_\_\_ False Doctrine/Teaching
- \_\_\_ Hypocrisy
- \_\_\_ Idolatry
- \_\_\_ Injustice
- \_\_\_ Legalism
- \_\_\_ Liberalism
- \_\_\_ Mysticism
- \_\_\_ New Age Practices
- \_\_\_ Persecution
- \_\_\_ Religiosity
- \_\_\_ Religious Control
- \_\_\_ Religious Ceremonies
- \_\_\_ Rules, Excessive
- \_\_\_ Self Righteousness
- \_\_\_ Shunning
- \_\_\_ Silencing
- \_\_\_ Spiritual Pride
- \_\_\_ Traditionalism
- \_\_\_ Unforgiveness
- \_\_\_ Works Mentality

**SHAME**

- \_\_\_ Abandonment
- \_\_\_ Anger
- \_\_\_ Bad Boy/Girl
- \_\_\_ Being Different
- \_\_\_ Condemnation
- \_\_\_ Defilement
- \_\_\_ Disgrace
- \_\_\_ Embarrassment
- \_\_\_ Guilt
- \_\_\_ Hatred
- \_\_\_ Humiliation
- \_\_\_ Inferiority
- \_\_\_ Illegitimacy
- \_\_\_ Occult Involvement
- \_\_\_ Self-Accusation
- \_\_\_ Self-Hate
- \_\_\_ Self-Pity
- \_\_\_ Shunning

**UNMOTIVATED**

- \_\_\_ Irresponsibility
- \_\_\_ Laziness
- \_\_\_ Procrastination
- \_\_\_ Undisciplined

**A S**

**SEXUAL IMMORALITY**

- \_\_\_ Abortion
- \_\_\_ Adultery
- \_\_\_ Bestiality
- \_\_\_ Debauchery
- \_\_\_ Demonic Sex
- \_\_\_ Defilement/Uncleanness
- \_\_\_ Exposure
- \_\_\_ Fantasy Lust
- \_\_\_ Fornication
- \_\_\_ Frigidity
- \_\_\_ Homosexuality
- \_\_\_ Illegitimacy
- \_\_\_ Incest
- \_\_\_ Incubus
- \_\_\_ Lesbianism
- \_\_\_ Lust/Fantasy Lust
- \_\_\_ Masturbation
- \_\_\_ Molestation
- \_\_\_ Pedophile
- \_\_\_ Perversion
- \_\_\_ Pornography
- \_\_\_ Premarital Sex
- \_\_\_ Prostitution/Harlotry
- \_\_\_ Rape
- \_\_\_ Robbery of Innocence
- \_\_\_ Seduction/Alluring
- \_\_\_ Sexual Abuse
- \_\_\_ Sodomy
- \_\_\_ Succubus
- \_\_\_ Whoredom (Hosea 4:12)

**TRAUMA**

- \_\_\_ Abuse, Emotional
- \_\_\_ Abuse, Physical
- \_\_\_ Abuse, Mental
- \_\_\_ Abuse, Sexual
- \_\_\_ Abuse, Spiritual
- \_\_\_ Abuse, Verbal
- \_\_\_ Accident
- \_\_\_ Loss
- \_\_\_ Imprisoned
- \_\_\_ Rape
- \_\_\_ Torture
- \_\_\_ Violence

**UNSUBMISSIVENESS**

- \_\_\_ Confusion
- \_\_\_ Independence
- \_\_\_ Mistrust
- \_\_\_ Rebellion
- \_\_\_ Resistant
- \_\_\_ Self-reliant
- \_\_\_ Self-sufficient
- \_\_\_ Stubborn

**A S**

**UNWORTHINESS**

- \_\_\_ Inadequacy
- \_\_\_ Inferiority
- \_\_\_ Insecurity
- \_\_\_ Self-Accusation
- \_\_\_ Self-Consciousness
- \_\_\_ Self-Condemnation
- \_\_\_ Self-Hate
- \_\_\_ Self Protection

- \_\_\_ Self-Punishment
- \_\_\_ Shyness
- \_\_\_ Timidity

**VAGABOND**

- \_\_\_ Discontent
- \_\_\_ Dissatisfaction
- \_\_\_ Gypsy
- \_\_\_ Impatience
- \_\_\_ Inconsistency
- \_\_\_ Nomad
- \_\_\_ Restlessness
- \_\_\_ Searching
- \_\_\_ Unsettledness
- \_\_\_ Wandering

**VICTIMIZATION**

- \_\_\_ Appeasement
- \_\_\_ Betrayal
- \_\_\_ Bondage
- \_\_\_ Deportation
- \_\_\_ Desolation
- \_\_\_ Entrapment
- \_\_\_ Helplessness
- \_\_\_ Hopelessness
- \_\_\_ Mistrust
- \_\_\_ Passivity
- \_\_\_ People Pleasing
- \_\_\_ Poverty
- \_\_\_ Self-Pity
- \_\_\_ Slavery
- \_\_\_ Suspicion
- \_\_\_ Trauma
- \_\_\_ Unfaithfulness

**VIOLENCE**

- \_\_\_ Abuse
- \_\_\_ Arguing
- \_\_\_ Bickering
- \_\_\_ Cruelty
- \_\_\_ Cursing
- \_\_\_ Death
- \_\_\_ Destruction
- \_\_\_ Feuding
- \_\_\_ Hate
- \_\_\_ Mocking
- \_\_\_ Murder/Abortion
- \_\_\_ Retaliation
- \_\_\_ Strife
- \_\_\_ Torture/Mutilation

**A S****OCCULT**

- \_\_\_ Abortion (Molech)
- \_\_\_ Accident Proneness
- \_\_\_ Ahab
- \_\_\_ Animal Spirits
- \_\_\_ Antichrist
- \_\_\_ Astral Projection
- \_\_\_ Astrology
- \_\_\_ Automatic Writing
- \_\_\_ Behemoth
- \_\_\_ Black Magic
- \_\_\_ Books, Occult/Witchcraft
- \_\_\_ Clairvoyance
- \_\_\_ Conjuratation
- \_\_\_ Control, Occult/Witchcraft
- \_\_\_ Crystal Ball
- \_\_\_ Death, Suicide
- \_\_\_ Demons, Dispatching
- \_\_\_ Demon Worship
- \_\_\_ Divination
- \_\_\_ Eight Ball
- \_\_\_ Evil Eye
- \_\_\_ E S P
- \_\_\_ False Gifts (Occult)
- \_\_\_ Fortune Telling
- \_\_\_ Handwriting Analysis
- \_\_\_ Hexing
- \_\_\_ Horoscopes
- \_\_\_ Hypnosis
- \_\_\_ I Ching
- \_\_\_ Idolatry (of \_\_\_\_\_)
- \_\_\_ Incantations
- \_\_\_ Jezebel

**A S**

- \_\_\_ Levitation
- \_\_\_ Leviathan
- \_\_\_ Meditation, Eastern
- \_\_\_ Mediumship
- \_\_\_ Mental Telepathy
- \_\_\_ Necromancy
- \_\_\_ Non-Christian Exorcism
- \_\_\_ Ouija Board
- \_\_\_ Palm Reading
- \_\_\_ Past Life Readings
- \_\_\_ Pendulum Readings
- \_\_\_ Psychic Readings
- \_\_\_ Psychic Healing
- \_\_\_ Python
- \_\_\_ Reincarnation
- \_\_\_ Satanic Worship
- \_\_\_ Séances
- \_\_\_ Slavery, Occult
- \_\_\_ Sorcery
- \_\_\_ Spells
- \_\_\_ Spirit Guide(s)
- \_\_\_ Spiritism
- \_\_\_ Superstition
- \_\_\_ Table Tipping
- \_\_\_ Tarot Cards
- \_\_\_ Tea Leaves, Reading
- \_\_\_ Third Eye, Using
- \_\_\_ Trance
- \_\_\_ TM
- \_\_\_ Vampire
- \_\_\_ Victim, Occult
- \_\_\_ Voodoo
- \_\_\_ Water Witching
- \_\_\_ Werewolf

**A S**

- \_\_\_ White Magic
- \_\_\_ Wicca
- \_\_\_ Witchcraft

**HAVE YOU EVER:**

- \_\_\_ Cast a spell/hex
- \_\_\_ Drunk blood or urine
- \_\_\_ Had hard rock music
- \_\_\_ Had heavy metal music
- \_\_\_ Had Masonic jewelry
- \_\_\_ Had occult jewelry
- \_\_\_ Had occult/witchcraft books
- \_\_\_ Had pagan fetishes
- \_\_\_ Had punk rock music
- \_\_\_ Had violent rap music
- \_\_\_ Heard voices on the "inside"
- \_\_\_ Heard a voice: "kill yourself"
- \_\_\_ Joined a coven
- \_\_\_ Played Dungeons & Dragons
- \_\_\_ Made a blood pact
- \_\_\_ Made a bloody oath or vow
- \_\_\_ Participated in martial arts
- \_\_\_ Seen a sacrifice
- \_\_\_ Seen demons
- \_\_\_ Seen horror movies
- \_\_\_ Seen science fantasy movies
- \_\_\_ Selected a guru
- \_\_\_ Used mantras
- \_\_\_ Visited pagan temples
- \_\_\_ Visited Indian burial grounds

**Secret Societies, Cults, False Religions, Occult & Mind Control Organizations** *The following are examples of groups which omit the foundations of the Christian faith, such as the Trinity, the Atonement, the Blood of Jesus, or the Divinity of Jesus. Indicate any family involvement.*

**A S**

- \_\_\_ Armstrong Radio/Church of God
- \_\_\_ Bahai
- \_\_\_ Buddhism
- \_\_\_ Buffaloes
- \_\_\_ Christadelphians
- \_\_\_ Christian Science
- \_\_\_ College Fraternities
- \_\_\_ College Sororities
- \_\_\_ Daughter's Of the Nile
- \_\_\_ De Molay Lodge
- \_\_\_ Eastern Religions
- \_\_\_ Eastern Star Lodge
- \_\_\_ Edgar Cayce
- \_\_\_ Elks Lodge
- \_\_\_ Freemasonry
- \_\_\_ Hare Krishna
- \_\_\_ Hinduism
- \_\_\_ Indian Occult Rituals

**A S**

- \_\_\_ Inner Peace Movement
- \_\_\_ Islam
- \_\_\_ Jehovah's Witnesses
- \_\_\_ Job's Daughters Lodge
- \_\_\_ Kabala
- \_\_\_ KKK
- \_\_\_ Knights Of Columbus
- \_\_\_ Mafia
- \_\_\_ Masonic
- \_\_\_ Moonies
- \_\_\_ Moose Lodge
- \_\_\_ Mormonism
- \_\_\_ New Age Movement
- \_\_\_ Odd Fellows Lodge
- \_\_\_ Orange Lodge
- \_\_\_ Rainbow Girls Lodge
- \_\_\_ Rebekahs Lodge
- \_\_\_ Religious Science

**A S**

- \_\_\_ Rosicrucian's
- \_\_\_ Santeria
- \_\_\_ Satanism
- \_\_\_ Scientology
- \_\_\_ Shamanism
- \_\_\_ Shintoism
- \_\_\_ Shriners
- \_\_\_ Silva Mind Control
- \_\_\_ Spiritualism

- \_\_\_ Swedenborgianism
- \_\_\_ Knights Templars
- \_\_\_ The Way International
- \_\_\_ Theosophy
- \_\_\_ Unitarian Church
- \_\_\_ Voodoo
- \_\_\_ WICCA
- \_\_\_ White Shrine
- \_\_\_ Witchcraft

**ANCESTRAL BACKGROUNDS** (*Indicators of national and cultural open doors/sins*)

- |   |  |         |
|---|--|---------|
| <input type="checkbox"/> Africans         | <input type="checkbox"/> Germans         | _____   |
| <input type="checkbox"/> American Indians | <input type="checkbox"/> Gypsies         | _____   |
| <input type="checkbox"/> Asians           | <input type="checkbox"/> Irish           | _____ . |
| <input type="checkbox"/> Europeans        | <input type="checkbox"/> Latin Americans | _____ . |
| <input type="checkbox"/> French           | <input type="checkbox"/> Scottish        | _____ . |

**DYSFUNCTIONAL FAMILY PATTERNS**  
(*aunts, uncles and cousins*)

*Please check if common in your immediate family or extended family*

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Abuse: _____                        | <input type="checkbox"/> Chronic illness/sickness                              | <input type="checkbox"/> Men dominant over women         |
| <input type="checkbox"/> Addiction: _____                    | <input type="checkbox"/> Co-dependency   | <input type="checkbox"/> Men/women workaholics           |
| <input type="checkbox"/> Broken marriages/divorce            | <input type="checkbox"/> Deceptive business practices                          | <input type="checkbox"/> Most received salvation         |
| <input type="checkbox"/> Business, financial or other losses | <input type="checkbox"/> Family secrets  | <input type="checkbox"/> Most were not saved             |
| <input type="checkbox"/> Children dishonoring parents        | <input type="checkbox"/> Idolatry of _____                                     | <input type="checkbox"/> Premature deaths                |
| <input type="checkbox"/> Children favored, idolized          | <input type="checkbox"/> Lack of communication between parents/children        | <input type="checkbox"/> Pride and arrogance             |
| <input type="checkbox"/> Children not valued, neglected      | <input type="checkbox"/> Lack of communication between spouses                 | <input type="checkbox"/> Sibling rivalry, fights, feuds  |
| <input type="checkbox"/> Children taking care of parents     | <input type="checkbox"/> Lack of intimacy (in marriage, or other relationship) | <input type="checkbox"/> Success/failure cycles          |
|  |  | <input type="checkbox"/> Unfilled lives and/or destinies |
|  |  | <input type="checkbox"/> Women dominant over men         |

**BIRTH CONDITIONS:** *Indicate whether or not any of the following situations were present when you were conceived or during your mother's pregnancy.*

- |   |  |
|---|--|
| <input type="checkbox"/> 1. Mother dieted or took diet pills during pregnancy   | <input type="checkbox"/> 19. Father died or left during pregnancy                          |
| <input type="checkbox"/> 2. Mother was hungry during pregnancy                  | <input type="checkbox"/> 20. Was the next child after a miscarriage or abortion            |
| <input type="checkbox"/> 3. Mother took drugs during pregnancy                  | <input type="checkbox"/> 21. Mother totally rejected or denied child while in the womb.    |
| <input type="checkbox"/> 4. Mother smoked during pregnancy                      | <input type="checkbox"/> 22. Mother had an inordinate fear of delivery                     |
| <input type="checkbox"/> 5. Mother drank alcohol during pregnancy               | <input type="checkbox"/> 23. There was premature delivery complications                    |
| <input type="checkbox"/> 6. Mother was an alcoholic during pregnancy            | <input type="checkbox"/> 24. Suffered loss of oxygen during delivery                       |
| <input type="checkbox"/> 7. Mother drank caffeine during pregnancy              | <input type="checkbox"/> 25. Breech delivery   |
| <input type="checkbox"/> 8. Mother experienced traumas during pregnancy         | <input type="checkbox"/> 26. Cord around neck during delivery                              |
| <input type="checkbox"/> 9. Mother was raped                                    | <input type="checkbox"/> 27. Unusually painful delivery                                    |
| <input type="checkbox"/> 10. There was fighting in the home                     | <input type="checkbox"/> 28. Forceps delivery  |
| <input type="checkbox"/> 11. Child was not wanted or was given up for adoption. | <input type="checkbox"/> 29. Lungs were filled with excretion                              |
| <input type="checkbox"/> 12. Wasn't a convenient time to have a baby            | <input type="checkbox"/> 30. Labor was induced   |
| <input type="checkbox"/> 13. Conceived out of wedlock                           | <input type="checkbox"/> 31. C-section delivery  |
| <input type="checkbox"/> 14. Parents couldn't afford a child                    | <input type="checkbox"/> 32. There was little or no talking to fetus                       |
| <input type="checkbox"/> 15. Parents too young; not ready                       | <input type="checkbox"/> 33. There was a lot of rock or heavy metal music during pregnancy |
| <input type="checkbox"/> 16. Mother was in poor health                          | <input type="checkbox"/> 34. Was not nursed by mother.                                     |
| <input type="checkbox"/> 17. Parents wanted child of opposite sex               |  |
| <input type="checkbox"/> 18. Mother lost loved one during pregnancy             |  |

*Describe any special situations or circumstances surrounding your birth:*

## Ungodly Beliefs About Myself

Read the following Ungodly Beliefs (UGBs) check the ones that you relate to or agree with. Ask the Holy Spirit to show you other UGBs that you may have. (By the way, all of us have Ungodly Beliefs!)

### Theme: Rejection, Not Belonging

- \_\_\_1. I don't belong. I will always be on the outside (left out).
- \_\_\_2. My feelings don't count. No one cares what I feel.
- \_\_\_3. No one will love me or care about me just for myself.
- \_\_\_4. I will always be lonely. The special man/woman in my life will not be there for me.
- \_\_\_5. The best way to avoid more hurt, rejection, etc., is to isolate myself.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Unworthiness, Guilt, Shame

- \_\_\_1. I am not worthy to receive anything from God
- \_\_\_2. I am the problem. When something is wrong, it is my fault
- \_\_\_3. I am a bad person. If you knew the real me, you would reject me.
- \_\_\_4. I must wear a mask so that people won't find out how horrible I am and reject me.
- \_\_\_5. I have messed up so badly that I have missed God's best for me.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Doing To Achieve Self-Worth, Value, Recognition

- \_\_\_1. I will ever get credit for what I do.
- \_\_\_2. My value is in what I do. I am valuable because I do well to others, because I am "successful."
- \_\_\_3. Even when I do/give my best, it is not good enough. I can never meet the standard.
- \_\_\_4. I can avoid conflict that would risk losing others' approval by being passive.
- \_\_\_5. God doesn't care if I have a "secret life," as long as I appear to be good.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_7. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Control (to avoid hurt)

- \_\_\_1. I have to plan every day of my life. I have to continually plan/strategize. I can't relax.
- \_\_\_2. The perfect life is one in which no conflict is allowed, and so there is peace.
- \_\_\_3. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Physical

- \_\_\_1. I am unattractive. God shortchanged me.
- \_\_\_2. I am doomed to have certain physical disabilities. They are just part of what I have inherited.
- \_\_\_3. It is impossible to lose weight (or gain weight). I am just stuck
- \_\_\_4. I am not competent/complete as a man/woman.
- \_\_\_5. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Personality Traits

- \_\_\_1. I will always be \_\_\_\_\_ (angry, shy, jealous, insecure, fearful, etc.).
- \_\_\_2. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Identity

- \_\_\_1. I should have been a boy/girl. Then my parents would have valued/loved me more, etc.
- \_\_\_2. Men/Women have it better.
- \_\_\_3. I will never be known or appreciated for my real self.
- \_\_\_4. I will never really change and be as God wants me to be.
- \_\_\_5. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Miscellaneous

- \_\_\_1. I have wasted a lot of time and energy, some of my best years.
- \_\_\_2. Turmoil is normal for me.
- \_\_\_3. \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_

## Ungodly Beliefs About Others

**Theme: Safety/Protection**

- \_\_\_1. I must be very guarded about what I say, since anything I say may be used against me.
- \_\_\_2. I have to guard and hide my emotions and feelings. I cannot give anyone the satisfaction of knowing that they have wounded or hurt me. I'll not be vulnerable, humiliated, or shamed.
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Retaliation**

- \_\_\_1. The correct way to respond if someone offends me is to punish them by withdrawing and/or cutting them off.
- \_\_\_2. I will make sure that \_\_\_\_\_ hurts as much as I hurt!
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Victim**

- \_\_\_1. Authority figures will humiliate me and violate me.
- \_\_\_2. Others will just use and abuse me.
- \_\_\_3. My value is based totally on others' judgment/perception about me.
- \_\_\_4. I am completely under other people's authority. I have no will or choice of my own.
- \_\_\_5. I will not be known, understood, loved, or appreciated for who I am by those close to me.
- \_\_\_6. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_7. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Hopelessness/Helplessness**

- \_\_\_1. I am out there all alone. If I get into trouble or need help, there is no one to rescue me.
- \_\_\_2. I have made such a mess of my life; there is no use going on.
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Defective in Relationships**

- \_\_\_1. I will never be able to fully give or receive love. I don't know what it is.
- \_\_\_2. If I let anyone get close to me, I may get my heart broken again. I can't let myself risk it.
- \_\_\_3. If I fail to please you, I won't receive your pleasure and acceptance of me. Therefore, I must strive even more (perfectionism). I must do whatever is necessary to try to please you.
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_5. \_\_\_\_\_
- \_\_\_\_\_

**Theme: God**

- \_\_\_1. God loves other people more than He loves me.
- \_\_\_2. God only values me for what I do. My life is just a means to an end.
- \_\_\_3. No matter how much I try, I'll never be able to do enough or do it well enough to please God.
- \_\_\_4. God is judging me when I relax. I have to stay busy about His work or He will abandon me.
- \_\_\_5. God has let me down before. He may do it again. I can't trust Him, or feel secure with Him.
- \_\_\_6. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_7. \_\_\_\_\_
- \_\_\_\_\_